


























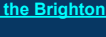



Brighton Fish Species <small>brightonbitesback.com</small>		Description			Location						Fishing					
Species	Image	Average size	Scientific Name	Type	Habitat	Best time to catch	Tide	Best Time	Depth (m)	Distance from shore	Recommended bait	Rareness	Abundance	Catch-and-Release	Sustainability	Edibility
Atlantic Cod		40 - 100 cm	Gadus morhua	Demersal (Bottom-dwelling)	Deep Waters	November - February	Low Tide	Night	10-30	Far (50 meters+)	Lugworm, squid, cuttlefish, peeler crab, mussels	Occasional	Moderate	Kept for consumption	Overfished - Avoid	High
Atlantic Mackerel		30 - 40 cm	Scomber scombrus	Demersal (Bottom-dwelling)	Open Water, Coastal	May - October	High Tide	Dawn, Night	1-5	Medium (10 meters - 40 meters)	Mackerel Strips, Spinners, Sandeel	Common	High	Kept for consumption	Sustainable - Generally Safe to Fish	High
Ballan Wrasse		30 - 50 cm	Labrus bergylta	Demersal (Bottom-dwelling)	Rocky Areas	May - September	Low Tide	Day	10-20	Close (shoreline - 10 meters)	Hardback crab, ragworm, prawns, peeler crab	Occasional	Moderate	Often released	Sustainable - Safe to Fish	Low
Black Bream		30 - 50 cm	Spondyliosoma cantharus	Demersal (Bottom-dwelling)	Rocky Areas	May - September	Low Tide	Day	5-15	Close (shoreline - 10 meters)	Ragworm, squid, lugworm, peeler crab	Common	High	Kept for consumption	Sustainable - Generally Safe to Fish	Medium
Blonde Ray		50 - 100 cm (width)	Raja brachyura	Demersal (Bottom-dwelling)	Sandy Bottom	April - September	Low Tide	Night	10-30	Far (50 meters+)	Mackerel, squid, sandeel	Rare	Moderate	Kept for consumption	Sustainable - Limited Fishing Recommended	High
Brill		30 - 60 cm	Scophthalmus rhombus	Pelagic Fish (Open-water)	Sandy bottoms	May-September	Low Tide	Day	10-40	Medium (10 meters - 40 meters)	Lugworm, squid	Rare	Low	Kept for consumption	Sustainable	High
Bull Huss / Nursehound, Shark		100 - 100 cm	Scyllorhinus stellaris	Pelagic Fish (Open-water)	Rocky seabeds	All Year	Moderate	Night	5-30	Medium (10 meters - 40 meters)	Squid, mackerel	Occasional	Moderate	Often Released	Limited Fishing Recommended	Medium
Common Dab		20 - 30 cm	Limanda limanda	Demersal (Bottom-dwelling)	Sandy Bottom	November - February	Low Tide	Day	10-20	Medium (10 meters - 40 meters)	Lugworm, ragworm, small peeler crab, fish strips (mackerel)	Occasional	Moderate	Kept for consumption	Sustainable - Safe to Fish	Medium
Common Sole		20 - 30 cm	Solea solea	Demersal (Bottom-dwelling)	Sandy Bottom	June - August	Low Tide	Night	10-20	Close (shoreline - 10 meters)	Lugworm, ragworm, small peeler crab	Occasional	Low to Moderate	Kept for consumption	Overfished - Limited Fishing Recommended	High
Conger Eel		50 - 150 cm	Conger conger	Demersal (Bottom-dwelling)	Rocky, Piers	All Year	High Tide	Night	15-30	Far (50 meters+)	Mackerel heads, squid, large fish baits (whiting, pout, or herring)	Occasional	Low to Moderate	Often released	Overfished - Avoid	Low
European Flounder		30 - 50 cm	Platichthys flesus	Demersal (Bottom-dwelling)	Estuaries, Sandy	November - February	Low Tide	Day	5-15	Close (shoreline - 10 meters)	Ragworm, lugworm, peeler crab, small live shrimp	Occasional	Moderate	Kept for consumption	Sustainable - Safe to Fish	High
European Plaice		30 - 60 cm	Pleuronectes platessa	Demersal (Bottom-dwelling)	Sandy Bottom	All Year	Low Tide	Anytime	10-25	Medium (10 meters - 40 meters)	Ragworm, lugworm, peeler crab, mussels	Occasional	Moderate	Kept for consumption	Sustainable - Safe to Fish	High
European Sea Bass		40 - 80 cm	Dicentrarchus labrax	Demersal (Bottom-dwelling)	Shallows, Wrecks, Rocks, Beaches, Estuaries	June - September	High Tide	Dawn, Dusk	5-10	Close (shoreline - 10 meters)	Live Mackerel, sand eels, red-gills or plugs	Common	High	Kept for consumption	Overfished - Limited Fishing Recommended	High
European squid		20 - 30 cm (mantle length)	Loligo vulgaris	Demersal (Bottom-dwelling)	Rocky Areas, Marina	July - November	High Tide	Dusk - Night	5-15	Close (shoreline - 10 meters)	Squid jigs	Common	Moderate	Kept for consumption	Sustainable - Safe to Fish	High
Garfish		50 - 70 cm	Belone belone	Pelagic Fish (Open-water)	Surface waters	May-September	Low Tide	Dawn, Dusk	0-5	Close (shoreline - 10 meters)	Fish strips, shiny lures	Occasional	Low	Kept for consumption	Sustainable	Medium
Gilthead Bream		30 - 60 cm	Sparus aurata	Demersal (Bottom-dwelling)	Estuaries, Shallow Waters	June - August	High Tide	Dawn	5-15	Close (shoreline - 10 meters)	Ragworm, peeler crab, prawns, mussels	Rare	Moderate	Kept for consumption	Sustainable - Safe to Fish	High
Grey Gurnard		30 - 40 cm	Eutrigla gurnardus	Demersal (Bottom-dwelling)	Sandy Bottom, Reefs	April - August	Low Tide	Day	10-30	Medium (10 meters - 40 meters)	Mackerel strips, ragworm, squid, prawns	Rare	Low	Kept for consumption	Sustainable - Safe to Fish	Medium
Lesser Spotted Dogfish		50 - 80 cm	Scyllorhinus canicula	Pelagic Fish (Open-water)	Rocky/sandy bottoms	All Year	High Tide	Night	0-30	Close (shoreline - 10 meters)	Worms, squid	Common	High	Kept for consumption	Sustainable	Low
Mullet		30 - 50 cm	Chelon labrosus	Pelagic Fish (Open-water)	Estuaries, harbors	April-October	High Tide	Dawn, Dusk	0-5	Close (shoreline - 10 meters)	Bread, worms	Common	High	Often Released	Sustainable	Medium
Pollock		30 - 80 cm	Pollachius pollachius	Demersal (Bottom-dwelling)	Rocky, Kelp Beds	March - September	High Tide	Dawn, Dusk	15-30	Medium (10 meters - 40 meters)	Lures, feathers, ragworm, live sandeel, mackerel strips	Rare	Low to Moderate	Kept for consumption	Sustainable - Safe to Fish	High
Pouting / Faneca		30 - 40 cm	Trisopterus luscus	Pelagic Fish (Open-water)	Rocky areas	All Year	Moderate	Night	0-50	Various	Worms, small fish	Common	Moderate	Kept for consumption	Sustainable	Medium
Red Gurnard		30 - 40 cm	Chelidonichthys cuculus	Demersal (Bottom-dwelling)	Sandy Bottom, Reefs	April - August	Low Tide	Day	10-30	Medium (10 meters - 40 meters)	Mackerel strips, squid, ragworm, prawns	Rare	Low	Kept for consumption	Sustainable - Safe to Fish	Medium
Small-eyed Ray		50 - 80 cm (width)	Raja microocellata	Pelagic Fish (Open-water)	Sandy/muddy seabeds	April-October	Moderate	Night	10-30	Medium (10 meters - 40 meters)	Sandeel, squid	Occasional	Moderate	Often Released	Limited Fishing Recommended	High
Smoothhound, Shark		70 - 120 cm	Mustelus mustelus	Demersal (Bottom-dwelling)	Sandy Bottom	June - August	High Tide	Day	5-15	Medium (10 meters - 40 meters)	Peeler crab, hermit crab, ragworm, squid	Rare	Moderate	Kept for consumption	Sustainable - Generally Safe to Fish	High
Thick-Lipped Grey Mullet		30 - 50 cm	Chelon labrosus	Pelagic Fish (Open-water)	Estuaries, harbors	April-October	Moderate	Dawn, Dusk	0-5	Close (shoreline - 10 meters)	Bread, worms	Common	Moderate	Often Released	Sustainable	Medium
Thornback Ray		50 - 100 cm (width)	Raja clavata	Demersal (Bottom-dwelling)	Sandy Bottom	April - September	Low Tide	Night	10-30	Medium (10 meters - 40 meters)	Squid, sandeel, mackerel, peeler crab	Occasional	Moderate	Kept for consumption	Sustainable - Limited Fishing Recommended	High
Tope, Shark		100 - 150 cm	Galeorhinus galeus	Demersal (Bottom-dwelling)	Open Water	May - September	High Tide	Dawn, Dusk	15-30	Far (50 meters+)	Fresh mackerel, squid, large sandeel, whiting	Very Rare	Low to Moderate	Often released	Endangered - Avoid	Medium
Turbot		50 - 100 cm	Scophthalmus maximus	Pelagic Fish (Open-water)	Sandy bottoms	May-September	Moderate	Day	10-50	Far (50 meters+)	Lugworm, fish strips	Occasional	Moderate	Kept for consumption	Sustainable	High
Whiting		30 - 60 cm	Merlangius merlangus	Demersal (Bottom-dwelling)	Open Water, Coastal	November - February	Low Tide	Night	15-30	Medium (10 meters - 40 meters)	Lugworm, ragworm, squid, mackerel strips	Common	High	Kept for consumption	Sustainable - Safe to Fish	Medium

[View the Brighton Fishing Spots guide here](#)

Data provided by Mitch Smith, owner of Brighton Bites Back.
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